

STATE HOSPITAL SOUTH
Blackfoot, Idaho
SOCIAL SERVICE CLINICAL NOTES

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COOK, Daniel W.
Hospital #20103

31 Dec 1981 Case History - contd.

CONCLUSIONS:

Mr. Cook seems to be a dependent type of person, who has not developed independent living skills, nor does he seem to have the motivation to do so. He seems to have poor coping abilities and has a great deal of difficulty in dealing with stress. He has a tendency to handle stress by resorting to the abuse of alcohol, which results in his feeling depressed and suicidal. Mr. Cook's insight seems to be quite minimal, and, although he verbalizes an understanding and a need to make changes in his life, does not seem to be able to have the stick-to-itiveness to do it on his own. For that reason, he seems to be hoping that the structure of the Hospital can help him. Mr. Cook has difficulty in developing personal relationships, and his behavior seems to indicate that he is fearful of such relationships and drives people from him through his rude and acting-out behaviors. He seems to have very little trust for others and seems to be afraid of getting hurt if he develops any kind of a rapport with anyone else.

He has difficulty in making independent decisions and also seems to be somewhat fearful of becoming independent, finding employment, and managing his own affairs.

During Mr. Cook's stay in the Hospital, he will be involved in the Therapeutic Community, where it is hoped that he will be able to develop an ability to be able to relate with others; where he will gain some understanding of the need to change some of his behaviors if he expects to have positive relationships with others. It is also hoped that we can help him to begin learning independent living skills, independent decision-making, and the ability to accept responsibility for his own behaviors. We will also attempt to help him gain an understanding of the types of things that cause stress for him and to help him learn new coping skills. He will also be involved in Group Therapy, where it is felt he will be able to work on some self-defeating behaviors and somehow develop the ability to be able to honestly and truthfully look at himself and the changes that he needs to make. There is a possibility that he will also be referred to Vocational Rehabilitation for either job placement or a training program.

Marilyn Perry
Marilyn Perry, CSW
Social Work Specialist VI

D. A. Hoskisson, MSW
David A. Hoskisson, MSW, CSW
Unit Manager - klc

TX: 1/6/82

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SHS 0087

ER 000170

HISTORICAL DATA: 20 yo w/o a hx of alcohol abuse
as a child no hx of past 4 yrs. Hx of alcohol
and other chemical abuse several yrs. Hx of alcohol
and at least mild withdrawal sx in past

PHYSICAL EXAMINATION: Date: 12-18-1981

Allergies: None reported
Age: 20 Ht: 70" Wt: 127 B.P. 130/80 P. 18 R. 16 Temp. 100.2 RR

General Appearance: Thin young w/o who is cooperative. No
evidence of severe depression. Cooperative - No acute
medical distress.

Nodes: Few & tiny regional nodes.

Skin: Warm, dry. Tattoos (amputees) on (L) Forearm "BOLT"

Head-Scalp: Hair blond - Normal texture - Scalp clear

Eyes: Pupils dilated react slowly and equally to L & R
EOM's with normal ICR - Fundi normal.

Ears: Tympanic clear - 0 & in hearing.

Nose: Mucous membranes

Mouth & Throat: Good oral hygiene Pharynx benign

Neck: Swollen - thyroid 0 field

Breasts: Normal 0

Chest-Lungs: Clear to P & A

Heart: Not enlarged NO M A. P. NSR

Abdomen: Soft - 0 masses

Peripheral Vessels: 3+ DP DP - Radial, Femoral

Genitalia: Circumcised
penis 4.5"

Rectal: Not examined

Addressograph
Cook, Daniel W
20103
D.V. II B

DEPARTMENT OF HEALTH AND WELFARE
State Hospital South
Blackfoot, Idaho
PHYSICAL EXAMINATION

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STATE HOSPITAL SOUTH
Blackfoot, Idaho
SOCIAL SERVICE CLINICAL NOTES

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COOK, Daniel W.
Hospital #20103

25 Mar 1982 READMISSION SUMMARY:

IDENTIFYING INFORMATION:

Mr. Cook is a 20-year-old, white, common-law married male, who entered the Hospital on a Voluntary admission on 16 Mar 1982 from Bingham County, Blackfoot, Idaho.

SOURCE AND CIRCUMSTANCES SURROUNDING READMISSION:

Mr. Cook had signed out and been discharged against professional advice on 9 Mar 1982. At that time, he was to leave the state and go to Wyoming where he was to seek employment. He had met a former staff member, Laura Seiger, here at the Hospital and had planned on marrying her and having her go with him to Wyoming. Apparently, Miss Seiger had found an apartment on Shilling Street in Blackfoot, and Mr. Cook moved into that apartment with her, setting up a common-law marriage. On admission, Mr. Cook states that he had lied regarding the job in Wyoming, and that he did not have employment there. He states that he and Laura had planned on remaining in Blackfoot where he would find employment. Mr. Cook states that he spent several days looking for employment, talking with many people; however, he was unable to find a job, became very discouraged and depressed, and took about 30 of his wife's Mysoline tablets. He was seen at the Bingham Memorial Hospital Emergency Room for acute treatment on 16 Mar, and then referred here for admission by Dr. Leonard Abel, Region VI Mental Health worker.

On admission, Mr. Cook seemed to be somewhat embarrassed over the fact that he had left when he was not ready, and had so rapidly had to readmit himself in the Hospital.

CONCLUSIONS:

Mr. Cook seems to show his immaturity and impulsive behavior by reacting with a suicide attempt when not successfully finding employment. While Dr. Abel felt that it was a serious suicidal attempt, it is interesting to note that Bingham Memorial Hospital did not treat it as such so there seems to be some feeling that Mr. Cook was again doing an acting-out, attention-getting behavior.

In talking with Mr. Cook, he appears to be angry, particularly at himself, does not want to be confronted regarding his behavior, and, although he admits that he was not ready to leave the Hospital, does not feel that the Hospital can be of any service to him, nor did he want to have the same Primary Therapist since he felt that this Therapist also "did not help him" on the last admission. He was very loud, very demanding, egotistical, and flippant during this admission, showing no regard for other patients or anyone other than himself. If he stay in the Hospital, we will continue to follow much the same treatment program as had been set up for him his prior hospitalization.

Marilyn Perry
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Social Work Specialist II

David A. Hoskisson
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Unit Manager - cb

TX: 3/29/82

SHS 0087

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ER 000172