1-20-81 - REVIEW CONFERENCE NOTE AND INDIVIDUAL AFTERCARE TREATMENT PLAN CONT'D:
ST-d Introduction to A.A., achieved 1-20-81.

LT-a Posthospitalization assistance, not achieved 1-20-81.

PROBLEM #2: LACK OF VOCATIONAL SKILLS:
Goals:
STLT-a Learn good work habits; obtain a trade, knowledge, or skills of suitable - satisfactory employment, not achieved 1-20-81.

PROBLEM #3: EDUCATIONAL DEFICIT:
Goals:
ST-a Obtain G.E.D., achieved 1-8-81.

Please refer to the release summary which summarizes patient's entire hospitalization.

FINAL DIAGNOSES: 303.26 Alcohol addiction, mild.
301.81 Passive-aggressive personality with antisocial features.

PROGNOSIS: Extremely poor.

INDIVIDUAL AFTERCARE TREATMENT PLAN:
To help patient maintain long-term sobriety, it was recommended to him that he receive counseling with mental health, and that he attend A.A. meetings. He declined referrals to community support sources. He plans to live in Idaho.

DISPOSITION: Complete Discharge January 21, 1981, maximum hospital benefits.

Forwarding Address: P.O. Box 1815, Salmon, Idaho 83467.

Durward A. Burnett, M.D.
Staff Psychiatrist

LH:mf
1-22-81

19929 COOK DANIEL W M V
12/1/80 7/23/61 LDS

Wyoming State Hospital
PHYSICIANS NOTES

126

12-23-80 - FIRST REVIEW CONFERENCE NOTE CONT'D:
GOALS REMAINING: ST-a, b, c, d; LT-a.

PROBLEM #2: LACK OF VOCATIONAL SKILLS: manifested by history of short-term, part-time employments as dishwasher and grocery store bagboy (1976-1980); no skilled trade (1976); alcohol related job loss (1980). (1976)
Goals:
STLT-a Learn good work habits; obtain a trade, knowledge, or skills for suitable-satisfactory employment.
Progress: Patient has just begun his job washing cars; no DVR contact as yet. Goal not achieved.
Treatment: Continue referral to Bud Cornia, Industrial Therapist, for industrial assignment; Continue referral to Bill Cobb, B.S., DVR Counselor, for evaluation and planning.
GOALS REMAINING: STLT-a.

PROBLEM #3: EDUCATIONAL DEFICIT: added this date - manifested by eleventh grade education (1980).
Goals:
ST-a Obtain G.E.D.
Treatment: Referral to Charles Bright, Ph.D., Director of Education.
GOALS REMAINING: ST-a.

OTHER TREATMENTS AND REFERRALS:
Injured Toe: Patient injured his fourth toe right foot while playing volley ball. X-ray showed no fracture. Aspirin was prescribed for pain.

DIAGNOSES: 303.26 Alcohol addiction, mild.
301.81 Passive-aggressive personality with antisocial features.

DISPOSITION: Remain in the Alcohol and Drug Abuse Treatment Program.

PROFILES AND REVIEW DATE: I - White - III; February 25, 1981.

POSTHOSPITALIZATION PLANS: Hopes to attend some type of trade school. Otherwise, will retur to Salmon, Idaho, live with a friend, work and attend A.A.

William N. Karn, Jr., M.D.
Superintendent & Medical Directo

LH:db
1-19-81

1-20-81 - REVIEW CONFERENCE NOTE AND INDIVIDUAL AFTERCARE TREATMENT PLAN:
STAFF PARTICIPANTS: Durward A. Burnett, M.D.; Edward Hitchcox, C.A.C., ADTS Counselor; Carol Bertagnolli, LPN, PTS; Robert Croxford, B.S., ADTS Counselor; Martha Ulrich, R.N.

ALLERGIES: None known.

COURSE IN THE HOSPITAL:
PROBLEM #1: ALCOHOL ABUSE.
Goals:
ST-a To be alcohol free during treatment, achieved 1-20-81.

ST-b Understand how his abuse influences all areas of his life, partially achieved 1-20-81.

ST-c Relatu his illness to that of fellow alcoholics, not achieved 1-20-81.

12-1-80 - ADMISSION NOTE:
This ninetaon year old, single, white male truck driver is being admitted on Voluntary Application from Rock Springs, Sweetwater County, Wyoming. Arrived at Wyoming State Hospital by bus as direct transfer from Sweetwater County Memorial Hospital where he had been a patient since 11-28-80 under care of Dr. Stoltzner. Preadmission contact by Joe Dills, Wyoming State Hospital Liaison Social Worker at Southwestern Wyoming Mental Health Center, who stated, "Depression and suicide attempt 11-28-80. Three-year history of alcohol abuse without prior treatment. Please consider for Alcohol and Drug Treatment Program."

Patient states he has been drinking daily since March, 1980, and lately consuming "three six-packs and pint whiskey daily." Began drinking before he entered U.S. Army January, 1978. On Friday 11-28-80 at 4 p.m. he took overdose of "Sleepeze" ("one half bottle") while drunk. A neighbor discovered him an hour later and took him to hospital emergency room where vomiting was induced and he was admitted. States he was depressed because he had been reading some rejecting letters from his mother who lives in Arizona.

Patient admits frequent blackouts, rare a.m. shakes and a.m. drinks. No delirium tremens or seizures. Last drink 11-25-80.

Previous Psychiatric Treatment: Hospitalized for four days at U.S. Army Hospital at Ft. McClellan, Alabama, January, 1980, for "slight nervous breakdown and suicidal thoughts."

Past Medical History: Usual childhood diseases. T&A. Open reduction fracture left thumb age fourteen. No fractures or serious injuries. Bronchial asthma since age twelve and takes Marax tablets p.r.n. Last asthmatic attack about 11-24-80.

Allergies: None known.

Military History: U.S. Army January, 1978, to March, 1980 - honorable transfer to reserve unit - inactive.

Educational History: 12th grade.

Chemical History: Denies drugs except alcohol.

Provisional Diagnosis: Alcoholism.

H. T. Barton, M.D.
Staff Physician

pg
12-2-80

12-23-80 - FIRST REVIEW CONFERENCE NOTE:
STAFF PARTICIPANTS: William N. Karn, Jr., M.D.; Edward Hitchcox, C.A.C., ADTS Counselor; Carol Bertagnolli, LPN, PTS; Martha Ulrich, R.N.; Richard Sowles, Ph.D., Psychologist.

PERSONAL STRENGTHS: Appropriate hobbies and interests; satisfactory grooming habits; religious convictions.

RESOURCE PERSONS: Patient's mother, Wanda Dunn, Lake Havasu City, Arizona.

ALLERGIES: None known.

COURSE IN THE HOSPITAL AND INDIVIDUAL TREATMENT PLAN:
OBSERVATIONS AND DISCUSSION: When the patient was interviewed on December 3, 1980, he was