



We're one of the largest employee benefit companies in the world and a leader in disability, life, long term care and voluntary benefits.

A Fortune 500 company, Unum is a market leader in disability, group life, long term care and voluntary benefits. Our [products and services](#) meet the needs of a diverse workforce that includes four generations, growing ethnic diversity and changing family dynamics.

Through a family of businesses built over 160 years we help employers and their employees plan for the road ahead.

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Unum is a company of people serving people

You need employee benefits that offer choice, flexibility and responsive service without breaking the bank. Unum is ready with options that can [strengthen businesses](#) and [help protect individuals and their families](#).

The employee benefit landscape is changing fast. Unum is ready with [benefits solutions](#) that can meet the needs of a diverse workforce, help employers control costs and build stronger businesses.

Government employees face benefits changes

Public employers struggling to control costs are revamping their benefits plans, with increased use of wellness initiatives and greater participation in pretaxed benefits topping the list of changes. That's according to a [study](#) by the Government Finance Officers Association of its members, funded by a grant from Colonial Life. Visit the [Colonial Life website](#) for more about the findings of this new research.

Adding up the benefits

Disability benefits through the workplace save billions of public dollars and protect hundreds of thousands of people each year, finds [new research](#) commissioned by Unum. [Learn more](#) about this groundbreaking look at the economic and social value of financial protection benefits.

The inside track on health care reform

Health care reform can be confusing and it's changing day by day. [Find clear information, guides and podcasts to stay up to date.](#)



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